

**DOUFEXI AIKATERINI-  
ELISAVET BIOGRAPHICAL  
SKETCH 2023**



Date of birth: 24/08/1972  
Place of Birth: Thessaloniki  
Citizenship: Greece  
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Preventive  
Dentistry, Periodontology and  
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**POSITION TITLE**

Assistant Professor, Department of Preventive Dentistry, Periodontology and Implant Biology,  
Dental School, Aristotle University of Thessaloniki, Greece

**EDUCATION/TRAINING**

**1991:** Entering Dental School of Aristotle University of Thessaloniki, Greece by National Exams  
(Rank 1<sup>st</sup>)

**1996:** Graduation from Dental School of Aristotle University of Thessaloniki, Greece, (Rank 1<sup>st</sup>)

**1996-1998:** M.Sc. In the Department of Preventive Dentistry, Periodontology and Implant Biology,  
Dental School of Aristotle University of Thessaloniki, Greece.

**2001-2007:** Certificate in Advanced Clinical Training in Periodontology and Implant Dentistry,  
University of Connecticut Health Center, USA

**2001-2008:** Ph. D in Oral and Craniofacial Science, University of Connecticut Health Center, USA

**2009:** Certification of the American Board of Periodontology

**2015:** Recertification of the American Board of Periodontology

**2021:** Recertification of the American Board of Periodontology

#### **POSITIONS AND EMPLOYMENT**

**2008-2018:** Volunteer part time faculty in pre and post graduate dental students in the Aristotle University of Thessaloniki, Greece

**2018-2022:** Part time faculty with autonomous teaching in pre and post graduate dental students at the University of Thessaloniki, Greece

**2022-now:** Teaching as an assistant professor at the Dental School of the Aristotle University of Thessaloniki, Greece.

#### **COURSES, TRAINING AND SUPERVISING ACTIVITIES PROVIDED AT STUDENTS at**

**AUTH.** Theoretical and Clinical training in Periodontology of under-graduate students (5th - 10th semesters). Theoretical and Clinical training in Periodontology and Implant Biology, of post-graduate students (1<sup>st</sup>-6<sup>th</sup>semesters). Supervising M.Sc thesis of one postgraduate student in Periodontology and Implant Biology as of 2022.

#### **RESEARCH INTERESTS**

Surgical and non-surgical treatment of periodontal disease, Dental implants-periimplantitis, Growth factors-inflammatory process-regeneration process, probiotics, photodynamic therapy, gene polymorphism-genetic predisposition to periodontal disease

#### **RESEARCH COLLABORATIONS**

Mary Kalamaki, Assistant Professor of Chemistry, American College of Thessaloniki, Greece  
Apostolos Angelidis, Professor of Veterinary Medicine, Department of hygiene and technology of milk and its products

#### **RESEARCH SUPPORT**

**2015:** Grant awarded from Kolourides Foundation and Procter and Gamble for postdoctoral research "Investigation of the Role of *Prx2* Transcription Factor, *Tenascin-C* and *TGF-β1* in Promoting Scarless Healing Ability of Free Soft Tissue Gingival Grafts."

#### **SCIENTIFIC PUBLICATIONS AND METRICS**

As of September 2023, 23 scientific publications in peer-reviewed International and National Journals

Scopus: citations 204, h-index:7 Google Scholar: citations 428, h-index:8

Publications as author of 4 Chapters in 4 Books of Periodontology, Pediatric Dentistry and Pediatric Medicine.

1. Doufexi A, Mina M, Ioannidou E. 2005. Gingival overgrowth in children: epidemiology, pathogenesis, and complications. *Journal of Periodontology* 76:3-10.  
<https://onlinelibrary.wiley.com/doi/abs/10.1902/jop.2005.76.1.3>

2. Ioannidou E, Doufexi A. 2005. Does loading time affect implant survival? A meta-analysis of 1,266 implants. *Journal of Periodontology* 76:1252-1258. (Ανακοίνωση σε συνέδριο υπ. αριθ. 10).  
<https://onlinelibrary.wiley.com/doi/abs/10.1902/jop.2005.76.8.1252>

3. Doufexi A, Mina M. 2008. Signaling pathways involved in the expression of *Prx1* and *Prx2* in the chick mandibular mesenchyme. *Developmental Dynamics* 237:3115-3127 (ανακοινώσεις σε συνέδρια υπ. αριθ. 5, 6, 7, 8, 11, 12, 13).  
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2718419/>
4. Δουφεξή ΑΕ. 2008. Ο ρόλος των Διφωσφονικών στην Οστεονέκρωση των Γνάθων. *Ορθοπαιδική* 21:39-46.
5. Vakalis ML, Doufexi AE, Makris GP. 2011. Sinus floor elevation and survival of implants. Part I: A Review of the common techniques. *Hellenic Stomatological Reviews* 55:37-46. (Ανακοίνωση σε συνέδριο υπ. αριθ. 15).
6. Vakalis ML, Doufexi AE, Makris GP. 2011. Sinus floor elevation and survival of implants. Part II: Comments and results based on systematic reviews. *Hellenic Stomatological Reviews* 55:99-108. (Ανακοίνωση σε συνέδριο υπ. αριθ. 14).
7. Chatzopoulos GS, Doufexi AE, Kalogirou F. 2016. Association of susceptible genotypes to periodontal disease with the clinical outcome and tooth survival after non-surgical periodontal therapy: A systematic review and meta-analysis. *Medicina Oral Patologia Oral Cirugia Bucal* 21:e14-29. (Ανακοίνωση σε συνέδριο υπ. αριθ. 21).  
<https://www.ncbi.nlm.nih.gov/pubmed/26595831>
8. Chatzopoulos GS, Doufexi AE. 2016. Photodynamic therapy in the treatment of aggressive periodontitis: A systematic review. *Medicina Oral Patologia Oral Cirugia Bucal* 21:e192-200.  
<https://www.ncbi.nlm.nih.gov/pubmed/26595837>
9. Chatzopoulos GS, Doufexi AE, Kouvatsi A. 2017. Clinical response to non-surgical periodontal treatment in with interleukin-6 and interleukin-10 polymorphisms. *Medicina Oral Patologia Oral Cirugia Bucal* 22: e446-e457.  
<https://www.ncbi.nlm.nih.gov/pubmed/28624837>
10. Chatzopoulos G, Doufexi AE, Wolff L, Kouvatsi A. 2018. Interleukin-6 and interleukin-10 gene polymorphisms and the risk of further periodontal disease progression. *Brazilian Oral Research* 32:e11. (Ανακοίνωση σε συνέδριο υπ. αριθ. 28).  
[http://www.scielo.br/scielo.php?script=sci\\_arttext&pid=S1806-83242018000100211&lng=en&nrm=iso&tlng=en](http://www.scielo.br/scielo.php?script=sci_arttext&pid=S1806-83242018000100211&lng=en&nrm=iso&tlng=en)
11. Boutiou E, Doufexi AE, Makris G, Kouvatsi A. 2019. Hereditary gingival fibromatosis: a family study. *E.C Dental Science*.  
<https://www.semanticscholar.org/paper/Hereditary-Gingival-Fibromatosis-%3A-A-Family-Study-Boutiou-Doufexi/09c39e379479e9323962d04b3cb808973b65a70f>
12. Chatzopoulos G, Doufexi AE, Zarenti S, Anastasopoulos M, Kouvatsi A. 2020. Interleukin-6 and Interleukin-10 gene polymorphisms in patients with chronic periodontitis and response to non-surgical periodontal treatment after 3 years. *Acta Stomatologica Croatica* 54(3):238-249.  
<https://pubmed.ncbi.nlm.nih.gov/33132387/>
13. Boutiou E, Ziogas IA, Giannis D, Doufexi AE. 2020. Hereditary gingival fibromatosis in children: A systematic review of the literature. *Clinical Oral Investigations* DOI: 10.1007/s00784-020-03682-x  
<https://pubmed.ncbi.nlm.nih.gov/33188467/>
14. Fragkioudakis I, Tseleki G, Doufexi AE, Sakellari D. 2021. Current concepts on the pathogenesis of peri-implantitis: A narrative review. *European Journal of Dentistry* DOI: 10.1055/s-0040-1721903  
<https://www.thieme-connect.com/products/ejournals/pdf/10.1055/s-0040-1721903.pdf>

15. Ζαρέντη Σ, Αναστασόπουλος Μ, Γουσσούλης Θ, Τσομπάνη Γ, Δουφεξή ΑΕ. 2020. Τοποθέτηση εμφυτευμάτων χωρίς κρημνό: Ανασκόπηση τεχνικών, ενδείξεις και αντενδείξεις – Παρουσίαση περιστατικών. *Το Στόμα* 48 9(1):019-030.
16. Lazaridou T, Doufexi AE, Menexes G, Tsalikis L. 2021. Expression of metalloproteinase-8 in gingival crevicular fluid, peri-implant sulcular fluid and saliva in healthy and diseased periodontal and peri-implant tissue. *Modern Approaches in Dentistry and Oral Health Care* 4(5) DOI:10.32474/MADOHC.2021.04.000197  
<https://lupinepublishers.com/dental-and-oral-health-journal/pdf/MADOHC.MS.ID.000197.pdf>
17. Papamanoli S, Fragkioudakis I, Kalamaki MS, Makris G, Doufexi AE. 2021. The role of epidermal growth factor in early tissue healing after surgical periodontal therapy. *Journal of Oral Hygiene and Health* 9(4) 1000278.  
<https://www.omicsonline.org/peer-reviewed/the-role-of-epidermal-growth-factor-in-early-tissue-healing-after-surgical-periodontal-therapy-115875.html>
18. Kalamaki MS, Doufexi AE, Zempila M, Konstantinidis A. 2021. Association of *prx* gene expression with the gingival phenotype. *Modern Approaches in Dentistry and Oral Health Care* 4(4): 402-404. DOI:10.32474/MADOHC.2021.04.000197  
<https://lupinepublishers.com/dental-and-oral-health-journal/pdf/MADOHC.MS.ID.000195.pdf>
19. Zarenti S, Tsompani G, Anastasopoulos M, Gousoulis T, Doufexi AE. 2021. Apical peri-implantitis: Etiology, prevention, diagnosis, treatment: Literature review and case report. *Journal of Research in Medical and Dental Science* 9(6):1-6.  
<https://www.jrmds.in/articles/apical-periimplantitis-etiology-prevention-diagnosis-treatment-literature-review-and-case-report.pdf>
20. Chatzopoulos GS, Doufexi AE, Zarenti S, Anastasopoulos M, Kouvatsi A. 2022. Periodontal disease progression and gene polymorphisms: Results after 3 years of active periodontal treatment. *Minerva Dent Oral Sci. Jun 10*.  
<https://doi.org/10.23736/s2724-6329.22.04709-x>
21. Chatzopoulos G, Anastasopoulos M, Zarenti S, Doufexi AE, Tsalikis L. 2022. Flapless application of enamel matrix derivative in non-surgical periodontal treatment: A systematic review. *International Journal of Dental Hygiene*. 00:112.  
<https://doi.org/10.1111/idh.12591>
22. Theodosaki AE, Filippou S, Kazantzidis G, Doufexi AE. 2022. Effectiveness of platelet rich Fibrin alone or in combination with bone grafts in the treatment of infrabony defects: Systematic review and metanalysis. *Health Sciences Review* 5 (2022): 100066  
<https://doi.org/10.1016/j.hsr.2022.100066>
23. Pouliou MM, Fragkioudakis I, Batas L, Doufexi AE. 2023. J The role of rhFGF-2 in periodontal defect bone fill: A systematic review of the literature. *J Periodont Res.*2023;58 (4).

## OTHER SCIENTIFIC ACTIVITIES

57 contributions at national and international meetings as oral and poster presentations, lectures or participation at scientific workshops and seminars.

## AWARDS AND DISTINCTIONS

**2013:** 1<sup>st</sup> Poster prize at the National Conference of Stomatological Society of Northern Greece, 2013.

**2015:** Recipient of Kolourides award For Dental Research in Greece by Procter & Gamble Hellas

**2020:** Teaching award for the academic year 2018-19- Rank first (98% evaluation rate) among all teaching awards of the Department of Health Sciences.

